

FINDING HOPE WITH OMS - 10th Anniversary Edition

Webinar series

Kickstart 2022 with OMS

Wednesday 26th January at 7pm GMT

Hosted by



Useful reading:

- Start your year with OMS - <https://overcomingms.org/latest/start-your-year-oms-0>
- Overcoming MS begins its 10th anniversary by welcoming new Chair of the Board Dowshan Humzah - <https://overcomingms.org/latest/overcoming-ms-begins-its-10th-anniversary-welcoming-new-chair-board-dowshan-humzah>
- OMS Engagement Survey results 2021 - <https://overcomingms.org/latest/oms-engagement-survey-results-2021>
- What are the next steps? - <https://overcomingms.org/about-multiple-sclerosis/what-are-the-next-steps>
- Community advice for following the Overcoming MS diet - <https://overcomingms.org/latest/community-advice-following-overcoming-ms-diet>
- 2021 New year, better habits? - <https://overcomingms.org/latest/new-year-better-habits>